

The Art of Supervision Resources

Book Recommendations:

1. Clinical Supervision in the Helping Professions, A Practical Guide

Authors: Gerald Corey, Robert Haynes, Patrice Moulton, and Michelle Muratori A user friendly guide for students, pre-licensed professionals, and practicing supervisors seeking the knowledge and skills to effectively supervise others.

2. Fundamentals of Clinical Supervision

Authors: Janine Bernard and Rodney Goodyear

A comprehensive, interdisciplinary approach and an authoritative resource for anyone seeking certification as an Approved Clinical Supervisor.

3. The Anatomy of Peace

Author: The Arbinger Institute

The Anatomy of Peace asks, What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve? Through an intriguing story we learn how and why we contribute to the divisions and problems we blame on others and the surprising way that these problems can be solved.

4. Crucial Conversations

Authors: Kerry Patterson, Joseph Grenny, Ron McMillan, and Al Switzler
This wise and witty guide gives you the tools you need to step up to life's most difficult and important conversations, say what's on your mind, and achieve positive outcomes that will amaze you.

Online Resources:

- 1. Manual: BHSD Supervision Manual
- 2. Guideline: Supervision of Peer Workers SAMHSA
- 3. **Guideline:** National Practice Guidelines for Peer Specialists and Supervisors
 National Association of Peer Supporters
- 4. **Article:** Help your employees find purpose—or watch them leave McKinsey & Co.
- 5. Article: Delegating Work Effectively Courier
- 6. Article: How to Conduct a Great Performance Review Harvard Business Review
- 7. Articles: Arbinger Institute: The Anatomy of Peace
- 8. Resources: Dare to Lead Hub Brene Brown's Leadership development resources
- 9. Guide: Courageous Approach to Feedback Brene Brown